

Spec. Code: 4704  
Occ. Area: 01  
Work Area: 444  
Prom Line: None  
Prob. Period: 12 mo.  
Effective Date: 04/15/16  
Last Action: Rev.

## DIETITIAN NUTRITIONIST

### Function of Job

Employees provide individualized nutritional and/or dietary care and instructions for food preparation and service.

A Dietitian Nutritionist typically

1. provides nutritional and/or dietary counseling.
2. records nutritional and/or dietary care plan.
3. attends and participates in multi-disciplinary meetings to ensure quality nutritional and/or dietary care is carried out.
4. develops and evaluates materials to provide information reflective of current literature in order to reinforce dietary and/or nutritional recommendations.
5. keeps current on new concepts and developments in dietetics and nutritional therapy.
6. supervises clinical experiences and provides lectures for students.
7. orients, trains, supervises, and evaluates assigned staff.
8. in a patient care or hospital setting:
  - a) evaluates the nutritional status, feeding problems, and/or nutritional needs of patients (for example—patients who are malnourished, pre-and post-surgical patients requiring nutritional supplements, stroke patients with food/drink swallowing problems requiring foods where the consistency has been modified, and patients with medical conditions requiring specialized calorie, sodium, protein, or fat controlled diets).
  - b. provides direct consultation and/or follow-up consultation regarding the maintenance of nutritional status and/or the improvement of feeding problems in order to enhance cooperation in following recommended regimen.
  - c. coordinates feasible nutritional care plans with food service.
9. performs other related duties as assigned.

MINIMUM ACCEPTABLE QUALIFICATIONS REQUIRED FOR ENTRY INTO:

## CREDENTIALS TO BE VERIFIED BY PLACEMENT OFFICER

1. Possession of current Registered Dietitian licensure from the Illinois Department of Financial and Professional Regulations and credentials and registration from the commission of Dietetic Registration (CDR) for the *Academy of Nutrition and Dietetics*.

## KNOWLEDGE, SKILLS AND ABILITIES (KSAs)

1. Knowledge of clinical nutritional and diet therapy.
2. Knowledge of basic food service operations.
3. Knowledge of nutritional assessment methods used to maintain nutritional status of patients and to develop and implement nutritional care plans for patients.
4. Knowledge of methods and techniques used to educate and instruct patients.
5. Ability to learn university and departmental policies, procedures, rules and regulations.
6. Ability to learn departmental standards of nutritional care.
7. Ability to supervise support staff.
8. Ability to teach, supervise, and evaluate students.